



"Home" Interface, users can read all the health data in sync with the wa

Users can turn the function on and set the valid period. In the valid light the screen.

Users can choose and turn on the call reminders, SMS reminders and social media reminders Users need to give the APP permission to get system notifications. Only 20-40 words can be

displayed in a message Common Contact

Users can add contacts i the watch phonebook

Device Reset

Users can reset the watch by click the

 Remove Jsers can delete all data and the watch by click the "Remove"

Other Settings

Users can set the "Vibrate other reminders. Users ca shaking. e Setting" on. The watch will vibrate for coming calls, messages an set it off and the watch only has a screen reminder with

4 Motion Interface

Users can set "Keep screen on While..." on or off. Click the "START" to monitor the speed time and calorie under three motions

Basic	parameters

Equipment type	smart wristwatch	type of battery	Lithium polymer
Vibration motor	stand by	Synchronously	Bluetooth 4.0
Operating temperature	-10°C~50°C	sensor	Lowpower acceleration sensor
System Requirements	IOS9 or above / Android5.0 or above		

1. Please do not wear the watch for Bathing or Swimming.

- 2. Please use the included charging cable to charge.
- This is not a medical device. It is for taking exercises reference only. Please consult with a doctor by using a professional medical device for any medical needs

*Smart Watch*Charging cable *Packing box and manual

Under main menu in the watch, click the "WEATHER" to enter the interface in which u can view live weather information

Please set users' personal information under the Menu "Mine" >> "User Profile" in the APP.

In "Home" Interface, users can read all the health data in sync with the watch

Users can set the "DO NOT DISTURB MODE" on/off. When it is set on, users notifications.

ion including phone number and name which will be shown

- Reset Device
- Users can reset the watch by click the "Reset Device" Remove
- ers can delete all data and disconnect with the watch by click the
- Other

Users can set the "Vibrate Setting" on. The watch will vibrate for coming calls, messages and other reminders. Users can set it off and the watch only has a screen reminder without shaking.

4 Motion Interfac

Users can choose a GSP Map and click the "START" to monitor the speed, time and calorie under three motions.

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Precautions

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